



## HIGH SCHOOL VOLUNTEER ABROAD: SAN CARLOS

*This itinerary is a sample for a 2-week program in San Carlos, Costa Rica. Please note that your exact itinerary may be different, as each itinerary is customized based on local events & celebrations.*

WEEK 1	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
7am	International Volunteers Arrive!	BREAKFAST						
8am		Visit Butterfly Farm	Volunteer Work	Volunteer Work	Volunteer Work	Volunteer Work	Volunteer Work	
9am								
10am								
11am								
12pm		LUNCH						
1pm		Visit Crocodile Farm	City Tour of San Carlos	Visit to Local Zoo (with clinics for animals)	Guest Speaker: History of Costa Rica	Market Day: Local Artisan Market	Tour of Chocolate Production	Hike & Fishing for Tilapia in Parque Nacional
2pm		Late Lunch						
3pm		Unpack & Get to Know CCS		Dance Class	Group T-Shirt Design			
4pm		Introduction to Spanish						
5pm	DINNER							
6pm	Dinner	HSVA Activity: Design T-Shirts	First Feedback Meeting	Spanish Class	Table Games & Movies	Games & Relaxing in Home-Base	Movie Night	
7pm								
8pm	Rest & Relaxation							

WEEK 2	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7am	BREAKFAST						
8am	Visit to La Fortuna Waterfall	San Jose Visit & Amusement Park	Volunteer Work	Volunteer Work	Volunteer Work	Volunteer Work	Volunteer Work
9am							
10am							
11am							
12pm	LUNCH						
1pm	Hike of Arenal Volcanoe and Rainforest	Afternoon in San Jose & Amusement Park	Feedback Meeting	Afternoon Volunteer Activity at Orphanage	Tour of Arracacha (root vegetable) Farm	Tour of Coffee Plantation	Visit to Hot Springs
2pm			Learning about Local Food				
3pm							
4pm			Dance Class		Spanish Class		
5pm	DINNER						
6pm	Movie Night	Prepare for next week	Relaxation & Reflection	Spanish Class	Table Games	Spanish Class	Program Evaluations
7pm							
8pm							